

GET MONEY FIT – FOR STAFF & EMPLOYEES

Workshop Overview

This workshop is designed to show salaried employees how to manage their financial stress and outcomes through *management of money*. It is practical with real time application. Knowledge, ability, confidence.

Objectives//

- Understand the psychology of money
- Know your relationship & habits with money
- Know how to change your financial outcomes
- Money Fit budgeting (take away worksheets)
- How to categorize your money
- The difference between saving and investing
- Understand compound interest and its powerful effect
- How to manage debt and savings together
- Know the 5 phases of Money Fitness and where you are

This is a three hour workshop, delegates learn about their own relationship with money. They learn how to manage what they have and ultimately how to improve their future by managing what they have. Develop a level of fitness with money.

Outcomes//

- Learners can identify where their habits come from
- Learners can change their habits
- Learners can plan their financial future
- Learners can allocate and moderate their budget
- Learners can identify what investments are
- Learners can do calculations to understand future earnings
- Learners have identified their place on the fitness scale.
- Learners have identified at least 1 destructive habit and 1 healthy habit

Contact us with your request:

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